

SUN

MON

TUE

WED

THUR

FRI

SAT

8:15 Daily Check In Visit & Event Reminders (AL/Units) **1**
 9:00 Seated Exercises (Ch.17/25)
 10:30 Arcade Games (AL/Arcade)
 1:00 Sports Corner (AL/3D)
 2:00 Spiritual Services (JT/Main MPR)
 3:00 Snack Cart (AL/Units)
 6:30 Sunday Symphony: Beethoven's 1808 Choral Fantasy (Ch. 17/25)

Labor Day
 8:45 Check-In Visits (AL/RM) **2**
 9:00 Seated Exercises (Ch. 17/25)
 9:00 Weekly Chronicle Distribution (AL/Units)
 9:30 Morning Coffee (AL/Units)
 10:00 Arts & Crafts (AL/3D)
 10:00 Photography Hour (AL/ Unit)
 1:30 Beverage Cart (AL/3D)
 2:00 Billiards (AL/3D)
 3:00 Bible Study (JT/MH)

8:00 Bulrushes Cafe Veterans Breakfast (AL/Out) **3**
 8:45 Check-In Visits (AL/RM)
 9:00 Outdoor Strolls (AL/OS)
 9:00 Seated Exercises (Ch. 17/25)
 10:00 Walking Club (JT/SPAV)
 10:30 Bank Run (AL/Out)
 10:30 Catholic Mass (JT/Main MPR)
 1:30 Light Snacks (AL/U)
 1:30 V4V: The Salted Scoop (AL/DRW)
 2:00 St. Mary's County Mobile Library (JT/MH-DWing)
 2:00 Trivia (AL/Arcade)
 3:00 Outdoor Strolls (AL/SPAV)
 6:30 Bingo Mania! (JT/MDR)

8:45 Check-In Visits (AL/RM) **4**
 9:00 Seated Exercises (Ch. 17/25)
 9:30 Book Club Reading (AL/3D)
 9:30 Morning Coffee (AL/Units)
 10:00 Gardening Club (AL/ CTYD)
 10:00 Golf Cart Rides (AL/Out)
 1:30 Movie Matinee (AL/3D)
 2:00 Farm To Table Social (AL/Murphy Hall)
 2:30 Card Games (AL/Arcade Rm)
 3:00 Outdoor Leisure (AL/SPAV)
 6:15 Blue Crabs Baseball Game (JT/DRW)

8:45 Check-In Visits (AL/RM) **5**
 9:00 Seated Exercises (Ch. 17/25)
 10:00 Arts & Crafts (AL/3D)
 10:00 Golf Cart Rides (AL/ SPAV)
 10:30 Catholic Services (JT/MH)
 2:00 MDVA Bingo! (\$) (AL/ Murphy Hall)
 3:00 Travel Documentary (Ch. 17/25)
 3:15 Arcade Games (AL/Arcade Rm)
 3:15 Light snacks (AL/U)
 3:30 Seasonal Puzzle (AL/3D)
 8:15 Thursday Night Football (Ch.17 or 25/ MH)

8:45 Check-In Visits (AL/RM) **6**
 9:00 Seated Exercises (Ch. 17/25)
 9:30 Morning Coffee (AL/Units)
 10:30 Outdoor Strolls (AL/SPAV)
 1:00 Snack Cart (AL/ Unit)
 1:30 Movie Matinee (AL/1D)
 2:00 \$\$ Dairy Queen (AL/Out)
 3:00 Good News Bible (AL/MH)
 5:30 Calvert Marine Museum Concert: Jamey Johnson (AL/DRW)

8:15 Daily Check In Visit & Event Reminders (AL/Units) **7**
 9:00 VFW Bingo (AL/MH)
 10:15 Shuffle Bowl (AL/Arcade RM)
 10:30 \$\$ Olive Garden (AL/Out)
 3:00 Card Games (AL/Arcade)
 3:00 Snack Cart (AL/On units)
 4:00 Saturday Afternoon Tunes (Ch. 17/25)

8:15 Daily Check In Visit & Event Reminders (AL/Units) **8**
 9:00 Seated Exercises (Ch.17/25)
 10:30 Trivia (AL/Arcade Room)
 1:00 Sports Corner (AL/3D)
 1:15 Blue Crabs Baseball Game (JT/DRW)
 2:00 Spiritual Services (JT/Main MPR)
 3:00 Snack Cart (AL/Units)
 6:30 Sunday Symphony: Sibelius, Symphony No. 1 (Ch. 17/25)

8:45 Check-In Visits (AL/RM) **9**
 9:00 Seated Exercises (Ch. 17/25)
 9:00 Weekly Chronicle Distribution (AL/Units)
 9:30 Morning Coffee (AL/Units)
 1:30 Beverage Cart (AL/3D)
 2:00 ALF Women's Group (AL/Activ. Kitchen)
 3:00 Bible Study (JT/MH)
 3:00 Outdoor Strolls (AL/OS)
 5:00 Patuxent Moose Spaghetti Dinner (AL/DRW)

8:45 Check-In Visits (AL/RM) **10**
 9:00 Outdoor Strolls (AL/OS)
 9:00 Seated Exercises (Ch. 17/25)
 10:00 Coffee & Donuts (AL/U)
 10:30 Catholic Mass (JT/Main MPR)
 1:30 Food Committee Meeting (AL/Murphy Hall)
 1:30 Light Snacks (AL/U)
 2:00 Trivia (AL/Arcade)
 3:00 Outdoor Strolls (AL/SPAV)
 3:30 Tuesday Tunes with Liz (AL/1D)

8:45 Check-In Visits (AL/RM) **11**
 9:00 Seated Exercises (Ch. 17/25)
 9:30 Book Club Reading (AL/3D)
 9:30 Morning Coffee (AL/Units)
 10:00 Gardening Club (AL/ CTYD)
 10:00 Golf Cart Rides (AL/Out)
 10:00 Hall of History (AL/MH)
 1:30 Movie Matinee (AL/3D)
 1:30 Resident Council/Food Committee (AL/MH)
 2:30 Card Games (AL/Arcade Rm)
 3:00 Outdoor Leisure (AL/SPAV)
 6:30 The Unclouded Day Bluegrass Concert (JT/Murphy Hall)

8:45 Check-In Visits (AL/RM) **12**
 9:00 Seated Exercises (Ch. 17/25)
 10:00 Arts & Crafts (AL/3D)
 10:00 Golf Cart Rides (AL/ SPAV)
 10:00 Pets on Wheels (AL/On Units)
 10:30 Catholic Services (JT/MH)
 2:00 MDVA Bingo! (\$) (AL/ Murphy Hall)
 3:00 Travel Documentary (Ch. 17/25)
 3:15 Arcade Games (AL/Arcade Rm)
 3:15 Fresh Fruit Snack Cart (AL/Units)
 3:30 Seasonal Puzzle (AL/3D)
 8:15 Thursday Night Football (Ch.17 or 25/ MH)

8:45 Check-In Visits (AL/RM) **13**
 9:00 Seated Exercises (Ch. 17/25)
 9:15 \$\$ Dollar Tree (AL/Out)
 9:30 Morning Coffee (AL/Units)
 10:30 Outdoor Strolls (AL/SPAV)
 1:30 Beverage Cart (AL/2D)
 1:30 Scenic Drive: Back Roads of Port Tobacco (AL/Out)
 1:30 Spooky Movie Matinee w/ Popcorn (AL/1D)
 2:00 Karaoke (AL/ MH)
 3:00 Good News Bible (AL/MH)

8:15 Daily Check In Visit & Event Reminders (AL/Units) **14**
 9:00 VFW Bingo (AL/EWDR)
 10:00 Arcade Games (AL/Arcade Rm)
 2:00 Joe Norris Musical Performance (AL/Murphy Hall)
 3:00 Card Games (AL/Arcade)
 3:00 Snack Cart (AL/On units)
 4:00 Saturday Afternoon Tunes (Ch. 17/25)
 4:30 VFW Steak Dinner (AL/DRW)

8:15 Daily Check In Visit & Event Reminders (AL/Units) **15**
 9:00 Seated Exercises (Ch.17/25)
 10:30 Arcade Games (AL/Arcade)
 1:00 Sports Corner (AL/3D)
 2:00 Spiritual Services (JT/Main MPR)
 3:00 Snack Cart (AL/Units)
 6:30 Sunday Symphony: Ola Gjeilo, Sunrise Mass (Ch. 17/25)

8:45 Check-In Visits (AL/RM) **16**
 9:00 Seated Exercises (Ch. 17/25)
 9:00 Weekly Chronicle Distribution (AL/Units)
 9:30 Morning Coffee (AL/Units)
 10:00 Applejack Pet Therapy (AL/Units)
 10:00 Photography Hour (AL/ Unit)
 1:30 Beverage Cart (AL/3D)
 2:00 Billiards (AL/3D)
 2:00 Monthly Birthday Celebration (AL/MH)
 3:00 Bible Study (JT/AL Conference Rm)
 6:30 S.A.L. (\$) Bingo (JT/MH)

8:45 Check-In Visits (AL/RM) **17**
 9:00 Outdoor Strolls (AL/OS)
 9:00 Seated Exercises (Ch. 17/25)
 9:15 \$\$ Walmart (AL/Out)
 10:00 Cooking Class: Custom Chicken Wings (AL/Activity Kitchen)
 10:00 Walking Club (JT/SPAV)
 10:30 Catholic Mass (JT/Main MPR)
 1:30 \$\$ Walmart (AL/Out)
 1:30 Light Snacks (AL/U)
 2:00 Trivia (AL/Arcade)
 3:00 Outdoor Strolls (AL/SPAV)
 6:30 SMECO (\$) Bingo (JT/MPR)

Air Force Birthday
 8:45 Check-In Visits (AL/RM) **18**
 9:00 Seated Exercises (Ch. 17/25)
 9:30 Morning Coffee (AL/Units)
 10:00 Gardening Club (AL/ CTYD)
 10:00 Golf Cart Rides (AL/Out)
 11:30 MDVA Sponsored Luncheon: Chaptico Market Fried Chicken (AL/EWDR)
 1:30 Movie Matinee (AL/3D)
 2:30 Card Games (AL/Arcade Rm)
 3:00 Outdoor Leisure (AL/SPAV)

8:45 Check-In Visits (AL/RM) **19**
 9:00 Seated Exercises (Ch. 17/25)
 10:00 Arts & Crafts (AL/3D)
 10:30 Catholic Services (JT/MH)
 2:00 MDVA Bingo! (\$) (AL/ Murphy Hall)
 3:00 Travel Documentary (Ch. 17/25)
 3:15 Arcade Games (AL/Arcade Rm)
 3:15 Light snacks (AL/U)
 3:30 Seasonal Puzzle (AL/3D)
 8:15 Thursday Night Football (Ch.17 or 25/MH)

8:45 Check-In Visits (AL/RM) **20**
 9:00 Seated Exercises (Ch. 17/25)
 9:30 \$\$ Dunkin Donuts (AL/Out)
 9:30 Morning Coffee (AL/Units)
 10:30 Outdoor Strolls (AL/SPAV)
 1:00 Snack Cart (AL/ Unit)
 1:30 Movie Matinee (AL/1D)
 1:45 \$\$ Baskin Robbins (AL/Out)
 3:00 Good News Bible (AL/MH)
 5:00 Waldorf Moose Steak Dinner (AL/DRW)

8:15 Daily Check In Visit & Event Reminders (AL/Units) **21**
 9:00 VFW Bingo (AL/MH)
 10:15 Shuffle Bowl (AL/Arcade RM)
 10:30 \$\$ Popeyes Lunch Pick Up (AL/Out)
 1:00 Scenic Drive: Amish Country (AL/Out)
 3:00 Card Games (AL/Arcade)
 3:00 Snack Cart (AL/On units)
 4:00 Saturday Afternoon Tunes (Ch. 17/25)

8:15 Daily Check In Visit & Event Reminders (AL/Units) **22**
 9:00 Seated Exercises (Ch.17/25)
 10:00 Elwin's Heart Healthy Bingo (\$) (AL/MH)
 1:00 Sports Corner (AL/3D)
 2:00 Spiritual Services (JT/Main MPR)
 3:00 Snack Cart (AL/Units)
 6:30 Sunday Symphony: Grieg, Piano Concerto in A Minor (Ch. 17/25)

8:45 Check-In Visits (AL/RM) **23**
 9:00 Seated Exercises (Ch. 17/25)
 9:00 Weekly Chronicle Distribution (AL/Units)
 9:30 Morning Coffee (AL/Units)
 10:00 Arts & Crafts (AL/3D)
 2:00 Resident Activities Subcommittee Meeting (AL/Canteen)
 2:00 Sweet 'N Salty Snack Cart (AL/Units)
 3:00 Bible Study (JT/MH)
 3:00 Outdoor Strolls (AL/OS)

8:45 Check-In Visits (AL/RM) **24**
 9:00 Outdoor Strolls (AL/OS)
 9:00 Seated Exercises (Ch. 17/25)
 9:30 Library Run (AL/Out)
 10:00 Morning Tea (AL/U)
 10:30 Catholic Mass (JT/Main MPR)
 11:15 Chesapeake Beach Post 206 Lunch (AL/DRW)
 1:30 Light Snacks (AL/U)
 2:00 Trivia (AL/Arcade)
 2:30 \$\$ Food Lion (AL/Out)
 3:00 Outdoor Strolls (AL/SPAV)
 3:30 Tuesday Tunes with Liz (AL/1D)
 5:00 \$\$ Cracker Barrel (AL/Out)

8:45 Check-In Visits (AL/RM) **25**
 9:00 Seated Exercises (Ch. 17/25)
 9:30 Book Club Reading (AL/3D)
 9:30 Morning Coffee (AL/Units)
 10:00 Gardening Club (AL/ CTYD)
 10:00 Golf Cart Rides (AL/Out)
 1:30 Movie Matinee (AL/3D)
 2:00 Anna's Farewell Social (AL/ Murphy Hall)
 3:00 Card Games (AL/Arcade Rm)
 3:00 Outdoor Leisure (AL/SPAV)
 6:30 Port Tobacco Pickers Bluegrass Concert (AL/Murphy Hall)

8:45 Check-In Visits (AL/RM) **26**
 9:00 Seated Exercises (Ch. 17/25)
 10:00 Arts & Crafts (AL/3D)
 10:00 Golf Cart Rides (AL/ SPAV)
 10:30 Catholic Services (JT/MH)
 2:00 MDVA Bingo! (\$) (AL/ Murphy Hall)
 3:00 Travel Documentary (Ch. 17/25)
 3:15 Arcade Games (AL/Arcade Rm)
 3:15 Fresh Fruit Snack Cart (AL/Units)
 3:30 Seasonal Puzzle (AL/3D)
 8:15 Thursday Night Football (Ch.17 or 25/ MH)

8:45 Check-In Visits (AL/RM) **27**
 9:00 Seated Exercises (Ch. 17/25)
 9:30 Morning Coffee (AL/Units)
 10:30 \$\$ Nicolletti's Pizza (AL/Out)
 10:30 Outdoor Strolls (AL/SPAV)
 1:00 Snack Cart (AL/ Unit)
 1:30 Scenic Drive: Greenwell State Park (AL/Out)
 1:30 Movie Matinee w/ Soda (AL/1D)
 2:00 Karaoke (AL/ MH)
 3:00 Good News Bible (AL/MH)

8:15 Daily Check In Visit & Event Reminders (AL/Units) **28**
 9:00 VFW Bingo (AL/E-wing DR)
 10:00 Arcade Games (AL/Arcade Rm)
 1:00 Popsicle Cart (AL/Units)
 2:30 Cruisin' Southern Maryland Car Show (JT/SPAV)
 4:00 Saturday Afternoon Tunes (Ch. 17/25)

8:15 Daily Check In Visit & Event Reminders (AL/Units) **29**
 9:00 Seated Exercises (Ch.17/25)
 10:30 Arcade Games (AL/Arcade)
 1:00 Sports Corner (AL/3D)
 2:00 Spiritual Services (JT/Main MPR)
 3:00 Snack Cart (AL/Units)
 6:30 Sunday Symphony: Elgar, Cello Concerto (Ch. 17/25)

8:45 Check-In Visits (AL/RM) **30**
 9:00 Seated Exercises (Ch. 17/25)
 9:00 Weekly Chronicle Distribution (AL/Units)
 9:30 Morning Coffee (AL/Units)
 10:00 Applejack Pet Therapy (AL/Units)
 10:00 Photography Hour (AL/ Unit)
 1:30 Beverage Cart (AL/3D)
 2:00 Billiards (AL/3D)
 3:00 Bible Study (JT/MH)



Abbreviation Key
 MH: Murphy Hall
 MPR: Main Multi-Purpose Room
 EWDR: E-Wing Dining Room
 AL/1D: First Floor
 AL/3D: Third Floor
 OS: Outside
 SPAV: South Pavilion/D-Wing Parking Lot
 Activ. Kitchen: AL Activities Kitchen Office
 DRW: Sponsored Drawing
 Out: Outing

Activities are subject to change

September 2024
 Assisted Living Activities



Committed to Caring