

SUN

MON

TUE

WED

THUR

FRI

SAT

8:15 Daily Check In Visit & Event Reminders (AL/Units) **30**
9:00 Seated Exercises (Ch.17/25)
10:30 Arcade Games (AL/Arcade)
1:15 Blue Crabs Baseball Game (JT/DRW)
2:00 Spiritual Services (JT/Main MPR)
6:30 Sunday Symphony: Royal Albert Hall, The Sound of 007 (Ch. 17/25)

If you are spending time outdoor, there is sunscreen available at the sliding doors and please remember to stay hydrated!!!



Activities Are Subject To Change

Abbreviation Key
AL/MH (Murphy Hall)
MPR (Main Multi Purpose Room)
EWDR (E-Wing Dining Room)
AL/1D (First Floor)
AL/3D (Third Floor)
AL/AR2 (AL/Arcade Room)
SPAV (Outside Pavilion)
AL/OS (Outside)
DRW (Drawing)
Out (Outing)

Please see your Activity Staff if you are interested in any outings.



8:15 Daily Check In Visit & Event Reminders (AL/Units) **1**
9:00 VFW Bingo (AL/MH)
10:30 \$\$ Hong Kong Buffet (AL/Out)
2:00 Southern Maryland Concert Band (JT/Main MPR)
2:45 Amish Scenic Drive (AL/Dr)
4:00 Saturday Afternoon Tunes (Ch. 17/25)

8:15 Daily Check In Visit & Event Reminders (AL/Units) **2**
9:00 Seated Exercises (Ch.17/25)
10:30 Arcade Games (AL/Arcade)
1:00 Sports Corner (AL/3D)
1:45 VFW Vacation4Vets Lunch (AL/DRW)
2:00 Spiritual Services (JT/Main MPR)
6:30 Sunday Symphony: Williams & Spielberg, Movie Scores (Ch. 17/25)

8:45 Check-In Visits (AL/RM) **3**
9:00 Chair Exercises (AL/3D)
9:00 Weekly Chronicle Distribution (AL/Units)
9:30 Morning Coffee (AL/Units)
10:00 Applejack Pet Therapy (AL/Units)
10:00 Scrapbooking Club (AL/Activities Kitchen)
1:30 Beverage Cart (AL/3D)
3:00 Bible Study (JT/MH)
3:00 Outdoor Strolls (AL/OS)
5:00 Patuxent Moose Spaghetti Dinner (AL/DRW)

8:45 Check-In Visits (AL/RM) **4**
9:00 Seated Exercises (Ch. 17/25)
9:30 Morning Tea (AL/Units)
10:30 Catholic Mass (JT/Main MPR)
1:30 Light Snacks (AL/U)
1:30 Walking Club (AL/SPAV)
2:00 St. Mary's County Mobile Library (JT/MH-DWing)
3:30 Tuesday Tunes with Liz (AL/CTYD)
6:30 Bingo Mania! (JT/MDR)

8:45 Check-In Visits (AL/RM) **5**
9:00 Seated Exercises (Ch. 17/25)
9:30 Morning Coffee (AL/Units)
10:00 Gardening Club (AL/CTYD)
10:30 Book Club Reading (AL/3D)
1:30 Movie Matinee (AL/3D)
2:00 Rita's Italian Ice Social (JT/Courtyard)
2:30 Shuffle Bowl (AL/Arcade RM)
3:00 Outdoor Leisure (AL/SPAV)
6:30 Summer Courtyard Concert: Nightcap (JT/CTYD)

8:45 Check-In Visits (AL/RM) **6**
9:00 Seated Exercises (Ch. 17/25)
10:00 Arts & Crafts (AL/3D)
10:00 Golf Cart Rides (AL/SPAV)
10:30 Catholic Services (JT/MH)
2:00 MDVA Bingo! (\$) (AL/ Murphy Hall)
3:00 Light snacks (AL/U)
3:00 Travel Documentary (Ch. 17/25)
3:15 Arcade Games (AL/Arcade Rm)
3:30 Seasonal Puzzle (AL/3D)

8:45 Check-In Visits (AL/RM) **7**
9:00 Chair Exercises (AL/3D)
9:15 \$\$ Food Lion (AL/Out)
9:30 Morning Coffee (AL/Units)
10:30 Outdoor Strolls (AL/SPAV)
1:30 Beverage Cart (AL/Units)
1:30 Hollywood Scenic Drive w/Wawa's Stop (AL/Out)
1:30 Movie Matinee w/Popcorn (AL/MH)
3:00 Good News Bible (AL/MH)
5:00 Waldorf Moose Pork Chop Dinner (AL/DRW)

8:15 Daily Check In Visit & Event Reminders (AL/Units) **8**
9:00 VFW Bingo (AL/EWDR)
10:00 Arcade Games (AL/Arcade Rm)
1:00 Snack Cart (AL/On units)
2:00 On The Road Again Band (AL/MH)
4:00 Saturday Afternoon Tunes (Ch. 17/25)
4:30 VFW Steak Dinner (AL/DRW)

8:15 Daily Check In Visit & Event Reminders (AL/Units) **9**
9:00 Seated Exercises (Ch.17/25)
10:30 Arcade Games (AL/Arcade)
1:00 Sports Corner (AL/3D)
2:00 Southern Maryland Scoopers Ice Cream Social (AL/Murphy Hall)
2:00 Spiritual Services (JT/Main MPR)
6:30 Sunday Symphony: Chopin, Piano Concerto No. 1 in E-Minor (Ch. 17/25)

8:45 Check-In Visits (AL/RM) **10**
9:00 Chair Exercises (AL/3D)
9:00 Weekly Chronicle Distribution (AL/Units)
9:30 Morning Coffee (AL/Units)
10:00 Arts & Crafts (AL/3D)
10:00 Photography Hour (AL/ Unit)
1:30 Beverage Cart (AL/3D)
2:00 Red Hat Society Women's Group (JT/Main MPR)
3:00 Bible Study (JT/MH)

8:45 Check-In Visits (AL/RM) **11**
9:00 Seated Exercises (Ch. 17/25)
9:15 \$\$ Walmart (AL/Out)
10:30 Catholic Mass (JT/Main MPR)
1:30 \$\$ Walmart (AL/Out)
1:30 Light Snacks (AL/U)
2:00 Trivia (AL/Arcade)
3:00 Outdoor Strolls (AL/SPAV)
5:00 \$\$ Five Guys Burgers & Fries (AL/Out)

8:45 Check-In Visits (AL/RM) **12**
9:00 Seated Exercises (Ch. 17/25)
9:30 Morning Coffee (AL/Units)
10:00 Gardening Club (AL/CTYD)
10:00 Golf Cart Rides (AL/Out)
10:30 Book Club Reading (AL/3D)
1:30 Movie Matinee (AL/3D)
1:30 Resident Council/Food Committee (AL/MH)
2:30 Shuffle Bowl (AL/Arcade RM)
3:00 Outdoor Leisure (AL/SPAV)

8:45 Check-In Visits (AL/RM) **13**
9:00 Seated Exercises (Ch. 17/25)
10:00 Billiards (AL/3D)
10:00 Pets on Wheels (AL/On Units)
10:30 Catholic Services (JT/MH)
2:00 MDVA Bingo! (\$) (AL/ Murphy Hall)
3:00 Fresh Fruit Snack Cart (AL/Units)
3:00 Travel Documentary (Ch. 17/25)
3:15 Arcade Games (AL/Arcade Rm)
3:30 Seasonal Puzzle (AL/3D)

Army Birthday
8:45 Check-In Visits (AL/RM) **14**
9:00 Chair Exercises (AL/3D)
9:15 Scenic Drive: Driver's Choice (AL/Out)
9:30 Morning Coffee (AL/Units)
10:30 \$\$ Roy Rogers (AL/Out)
10:30 Outdoor Strolls (AL/SPAV)
1:00 Movie Matinee (AL/1D)
1:30 MD Veterans Museum Tour & Flag Day Ceremony (AL/Out)
2:00 U.S. Army Birthday Celebration (AL/Units)
3:00 Good News Bible (AL/MH)

8:15 Daily Check In Visit & Event Reminders (AL/Units) **15**
9:00 VFW Bingo (AL/MH)
10:45 \$\$ Charlotte Hall Food Crawl (AL/Out)
1:30 Scenic Drive: Wicomico Shores (AL/Out)
4:00 Saturday Afternoon Tunes (Ch. 17/25)

Father's Day
8:15 Daily Check In Visit & Event Reminders (AL/Units) **16**
9:00 Seated Exercises (Ch.17/25)
10:30 Arcade Games (AL/Arcade)
1:00 Sports Corner (AL/3D)
1:30 Father's Day Pie Cart (AL/Units)
2:00 Spiritual Services (JT/Main MPR)
6:30 Sunday Symphony: Prague Music Festival, Star Trek Concert (Ch. 17/25)

8:45 Check-In Visits (AL/RM) **17**
9:00 Chair Exercises (AL/3D)
9:00 Weekly Chronicle Distribution (AL/Units)
9:30 Morning Coffee (AL/Units)
10:00 Applejack Pet Therapy (AL/Units)
10:00 Scrapbooking Club (AL/Activities Kitchen)
1:30 American Legion Post 221 Ice Cream Social (JT/Main MPR)
3:00 Bible Study (JT/MH)
3:00 Outdoor Strolls (AL/OS)
6:30 S.A.L. (\$) Bingo (JT/Murphy Hall)

8:15 Bulrushes Cafe Veterans Breakfast (AL/Out) **18**
8:45 Check-In Visits (AL/RM)
9:00 Seated Exercises (Ch. 17/25)
10:00 Cooking Class: Banana Mug Cake (AL/Activity Kitchen)
10:30 Catholic Mass (JT/Main MPR)
1:30 Light Snacks (AL/U)
1:30 Walking Club (AL/SPAV)
2:00 Trivia (AL/Arcade)
2:30 Bank Run (AL/Out)
3:30 Tuesday Tunes with Liz (AL/CTYD)
6:30 SMECO (\$) Bingo (JT/MPR)

Juneteenth
8:45 Check-In Visits (AL/RM) **19**
9:00 Seated Exercises (Ch. 17/25)
9:30 Morning Coffee (AL/Units)
10:00 Gardening Club (AL/CTYD)
11:45 Chick-fil-a Lunch (AL/EWDR)
1:30 Movie Matinee (AL/3D)
2:00 Resident Activities Subcommittee Meeting (AL/MH)
2:30 Shuffle Bowl (AL/Arcade RM)
3:00 Outdoor Leisure (AL/SPAV)
6:15 Blue Crabs Baseball Game (JT/DRW)

8:45 Check-In Visits (AL/RM) **20**
9:00 Seated Exercises (Ch. 17/25)
10:00 Golf Cart Rides (AL/SPAV)
10:30 Catholic Services (JT/MH)
2:00 MDVA Bingo! (\$) (AL/ Murphy Hall)
3:00 Light snacks (AL/U)
3:00 Travel Documentary (Ch. 17/25)
3:15 Arcade Games (AL/Arcade Rm)
3:30 Seasonal Puzzle (AL/3D)

8:45 Check-In Visits (AL/RM) **21**
9:00 Chair Exercises (AL/3D)
9:30 Morning Coffee (AL/Units)
10:30 Outdoor Strolls (AL/SPAV)
10:45 Picnic Lunch at Chaptico Park (AL/Out)
1:30 Movie Matinee w/Popcorn (AL/MH)
1:45 \$\$ Cold Stone Creamery (AL/Out)
3:00 Good News Bible (AL/MH)
5:00 Post 82 Rib Dinner (AL/DRW)

8:15 Daily Check In Visit & Event Reminders (AL/Units) **22**
9:00 VFW Bingo (AL/EWDR)
10:00 Arcade Games (AL/Arcade Rm)
11:00 Keepers Poker Run (AL/SPAV)
1:00 Snack Cart (AL/On units)
2:00 Just Us 2 Music Performance (AL/Murphy Hall)
4:00 Saturday Afternoon Tunes (Ch. 17/25)

8:15 Daily Check In Visit & Event Reminders (AL/Units) **23**
9:00 Seated Exercises (Ch.17/25)
10:30 Arcade Games (AL/Arcade)
1:00 Sports Corner (AL/3D)
2:00 Spiritual Services (JT/Main MPR)
6:30 Sunday Symphony: Debussy, "La Mer" (Ch. 17/25)

8:45 Check-In Visits (AL/RM) **24**
9:00 Chair Exercises (AL/3D)
9:00 Weekly Chronicle Distribution (AL/Units)
10:00 Morning Coffee & Donuts (AL/Units)
10:00 Photography Hour (AL/ Unit)
1:30 Beverage Cart (AL/3D)
2:00 Folk Salad Musical Performance (AL/Murphy Hall)
3:00 Bible Study (JT/MH)

8:45 Check-In Visits (AL/RM) **25**
9:00 Seated Exercises (Ch. 17/25)
9:15 Library Run (AL/Out)
10:30 Catholic Mass (JT/Main MPR)
11:15 Chesapeake Beach Post 206 Lunch (AL/DRW)
1:30 Light Snacks (AL/U)
2:00 Trivia (AL/Arcade)
2:30 Scenic Drive: Driver's Choice (AL/Out)
3:00 Outdoor Strolls (AL/SPAV)
4:30 \$\$ Longhorn Steakhouse (AL/Out)

8:45 Check-In Visits (AL/RM) **26**
9:00 Seated Exercises (Ch. 17/25)
9:30 Morning Coffee (AL/Units)
10:00 Gardening Club (AL/CTYD)
10:00 Golf Cart Rides (AL/Out)
1:30 Movie Matinee (AL/3D)
2:00 Birthday Waffle Cone Sundaes (AL/MH)
2:30 Shuffle Bowl (AL/Arcade RM)
3:00 Outdoor Leisure (AL/SPAV)
6:30 Summer Courtyard Concert: John Luskey (JT/CTYD)

8:45 Check-In Visits (AL/RM) **27**
9:00 Seated Exercises (Ch. 17/25)
10:00 Billiards (AL/3D)
10:30 Catholic Services (JT/MH)
2:00 MDVA Bingo! (\$) (AL/ Murphy Hall)
3:00 Fresh Fruit Snack Cart (AL/Units)
3:00 Travel Documentary (Ch. 17/25)
3:15 Arcade Games (AL/Arcade Rm)
3:30 Seasonal Puzzle (AL/3D)

8:45 Check-In Visits (AL/RM) **28**
9:00 Chair Exercises (AL/3D)
9:30 Morning Coffee (AL/Units)
10:30 \$\$ Panera Bread (AL/Out)
10:30 Outdoor Strolls (AL/SPAV)
1:00 Movie Matinee (AL/1D)
1:30 Back Roads of Leonardtown, MD (AL/Dr)
1:30 Karaoke with Beverages (AL/ MH)
3:00 Good News Bible (AL/MH)
5:30 Calvert Marine Museum Concert: Boyz II Men (AL/DRW)

8:15 Daily Check In Visit & Event Reminders (AL/Units) **29**
9:00 VFW Bingo (AL/MH)
10:15 Shuffle Bowl (AL/Arcade RM)
1:00 Card Games (AL/3D)
2:00 \$\$ Dairy Queen (AL/Out)
4:00 Saturday Afternoon Tunes (Ch. 17/25)

June 2024

Assisted Living Activities

