

SUN

MON

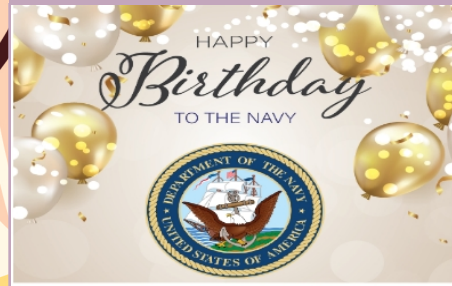
TUE

WED

THUR

FRI

SAT



Activities are subject to change

249th Birthday, October 13, 1775

8:15 Daily Check In Visit & Event Reminders (AL/Units) 6
9:00 Seated Exercises (Ch.17/25)
9:00 VFW Bingo (\$) (AL/MH)
10:30 Arcade Games (AL/Arcade)
1:00 Sports Corner (AL/3D)
2:00 Spiritual Services (JT/Main MPR)
3:00 Snack Cart (AL/Units)
6:30 Sunday Symphony: Mozart, Ganz Kleine Nachtmusik (Ch. 17/25)

Navy Birthday
8:15 Daily Check In Visit & Event Reminders (AL/Units) 13
9:00 Seated Exercises (Ch.17/25)
10:30 Trivia (AL/Arcade Room)
1:00 Sports Corner (AL/3D)
2:00 Spiritual Services (JT/Main MPR)
2:00 US Navy Birthday Cart(Al/Units)
6:30 Sunday Symphony: Vivaldi, The Four Seasons (Ch. 17/25)

8:15 Daily Check In Visit & Event Reminders (AL/Units) 20
9:00 Seated Exercises (Ch.17/25)
10:30 Arcade Games (AL/Arcade)
1:00 Sports Corner (AL/3D)
2:00 Spiritual Services (JT/Main MPR)
2:15 Port Tobacco Players: Young Frankenstein, The Musical! (AL/Out)
3:00 Snack Cart (AL/Units)
6:30 Sunday Symphony: Paganini, Concerto No. 1 (Ch. 17/25)

8:15 Daily Check In Visit & Event Reminders (AL/Units) 27
9:00 Seated Exercises (Ch.17/25)
10:30 Trivia (AL/Arcade Room)
1:00 Sports Corner (AL/3D)
2:00 Spiritual Services (JT/Main MPR)
3:00 Snack Cart (AL/Units)
6:30 Sunday Symphony: Saint-Saens, Symphony No. 3 (Ch. 17/25)

8:45 Check-In Visits (AL/RM) 7
9:00 Seated Exercises (Ch.17/25)
9:00 Weekly Chronicle Distribution (AL/Units)
9:30 Morning Coffee (AL/Units)
10:00 Scrapbooking Club (AL/Activities Kitchen)
1:30 Beverage Cart (AL/3D)
3:00 Bible Study (JT/Conf. RM)
5:00 Patuxent Moose Spaghetti Dinner (AL/DRW)

Indigenous Peoples' Day
8:45 Check-In Visits (AL/RM) 14
9:00 Seated Exercises (Ch.17/25)
9:00 Weekly Chronicle Distribution (AL/Units)
9:30 Morning Coffee (AL/Units)
10:00 Applejack Pet Therapy (AL/Units)
1:30 Beverage Cart (AL/3D)
2:00 Billiards (AL/3D)
3:00 Bible Study (JT/MH)

8:45 Check-In Visits (AL/RM) 21
9:00 Seated Exercises (Ch.17/25)
9:00 Weekly Chronicle Distribution (AL/Units)
9:30 Morning Coffee (AL/Units)
10:00 Scrapbooking Club (AL/Activities Kitchen)
1:30 Beverage Cart (AL/3D)
2:00 Folk Salad Musical Performance (AL/Murphy Hall)
3:00 Bible Study (JT/Conf. RM)
3:00 Outdoor Strolls (AL/OS)
6:30 S.A.L. (\$) Bingo (JT/MH)

8:45 Check-In Visits (AL/RM) 28
9:00 Seated Exercises (Ch.17/25)
9:00 Weekly Chronicle Distribution (AL/Units)
9:30 Morning Coffee (AL/Units)
10:00 Applejack Pet Therapy (AL/Units)
1:30 Beverage Cart (AL/3D)
2:00 Billiards (AL/3D)
3:00 Bible Study (JT/MH)

8:45 Check-In Visits (AL/RM) 1
9:00 Seated Exercises (Ch.17/25)
10:00 Historic Sotterley Tour (AL/OUT)
10:15 Trivia (AL/Arcade)
10:30 Catholic Mass (JT/Main MPR)
1:30 Light Snacks (AL/U)
1:45 \$\$ Arby's (AL/OUT)
2:00 St. Mary's County Mobile Library (JT/MH-DWing)
3:00 Outdoor Strolls (AL/SPAV)
6:30 Bingo Mania! (JT/MDR)

7:30 Bulrushes Cafe Veterans Breakfast (AL/Out) 8
8:45 Check-In Visits (AL/RM)
9:00 Seated Exercises (Ch.17/25)
10:00 Walking Club (JT/SPAV)
10:30 Catholic Mass (JT/Main MPR)
1:30 Food Committee Meeting (AL/Murphy Hall)
1:30 Light Snacks (AL/U)
2:00 \$\$ McDonalds (AL/OUT)
2:00 Trivia (AL/Arcade)
3:30 Tuesday Tunes with Liz (AL/1D)

8:45 Check-In Visits (AL/RM) 15
9:00 Seated Exercises (Ch.17/25)
9:30 \$\$ Walmart Trip (AL/OUT)
10:30 Catholic Mass (JT/Main MPR)
1:30 \$\$ Walmart Trip (AL/OUT)
1:30 Light Snacks (AL/U)
2:00 Trivia (AL/Arcade)
3:00 Outdoor Strolls (AL/SPAV)
6:30 SMECO (\$) Bingo (JT/MPR)

8:45 Check-In Visits (AL/RM) 22
9:00 Seated Exercises (Ch.17/25)
10:00 Cooking Class: Deep Dish Pizza (AL/Activity Kitchen)
10:00 Morning Tea (AL/U)
10:30 Catholic Mass (JT/Main MPR)
1:30 Light Snacks (AL/U)
2:00 Trivia (AL/Arcade)
3:00 Outdoor Strolls (AL/SPAV)
3:30 Tuesday Tunes with Liz (AL/1D)

7:30 Bulrushes Cafe Veterans Breakfast (AL/Out) 29
8:45 Check-In Visits (AL/RM)
9:00 Seated Exercises (Ch.17/25)
10:15 Trivia (AL/Arcade)
10:30 Catholic Mass (JT/Main MPR)
1:00 \$\$ Target (AL/OUT)
1:30 Light Snacks (AL/U)
3:00 Outdoor Strolls (AL/SPAV)

8:45 Check-In Visits (AL/RM) 2
9:00 Seated Exercises (Ch.17/25)
9:30 Book Club Reading (AL/3D)
9:30 Morning Coffee (AL/Units)
10:00 Donation Station (AL/Units)
10:00 Gardening Club (AL/CTYD)
1:30 Movie Matinee (AL/3D)
2:00 Oktoberfest (AL/Murphy Hall)
3:00 Outdoor Leisure (AL/SPAV)
3:30 Seasonal Puzzle (AL/3D)

8:45 Check-In Visits (AL/RM) 9
9:00 Seated Exercises (Ch.17/25)
9:30 Book Club Reading (AL/3D)
9:30 Morning Coffee (AL/Units)
10:00 Presidential Election - Early Voting (AL/Murphy Hall)
1:30 Movie Matinee (AL/3D)
1:30 Resident Council/Food Committee (AL/MH)
2:15 Snack Cart (AL/Units)
3:00 Outdoor Leisure (AL/SPAV)
3:30 Seasonal Puzzle (AL/3D)

8:45 Check-In Visits (AL/RM) 16
9:00 Seated Exercises (Ch.17/25)
9:30 Book Club Reading (AL/3D)
9:30 Morning Coffee (AL/Units)
10:00 Gardening Club (AL/CTYD)
1:30 Movie Matinee (AL/3D)
3:00 Outdoor Leisure (AL/SPAV)
3:30 Seasonal Puzzle (AL/3D)

8:45 Check-In Visits (AL/RM) 23
9:00 Seated Exercises (Ch.17/25)
9:30 Book Club Reading (AL/3D)
9:30 Morning Coffee (AL/RM)
10:30 Resident Activities Subcommittee Meeting (AL/MH)
1:30 Movie Matinee (AL/3D)
2:00 Birthday Celebration (AL/MH)
3:00 Outdoor Leisure (AL/SPAV)
3:30 Seasonal Puzzle (AL/3D)

8:45 Check-In Visits (AL/RM) 30
9:00 Seated Exercises (Ch.17/25)
10:00 Morning Coffee & Donuts (AL/Units)
1:30 Movie Matinee (AL/3D)
2:00 MDVA Bingo! (\$) (AL/Murphy Hall)
3:00 Outdoor Leisure (AL/SPAV)
3:30 Seasonal Puzzle (AL/3D)

8:45 Check-In Visits (AL/RM) 3
9:00 Seated Exercises (Ch.17/25)
9:30 Golf Cart Rides (AL/SPAV)
10:00 Arts & Crafts (AL/3D)
10:30 Catholic Services (JT/MH)
2:00 MDVA Bingo! (\$) (AL/Murphy Hall)
3:00 Wildlife Documentary (Ch. 17/25)
3:15 Light snacks (AL/U)
8:15 Thursday Night Football (Ch.17 or 25/MH)

8:45 Check-In Visits (AL/RM) 10
9:00 Seated Exercises (Ch.17/25)
9:30 Golf Cart Rides (AL/SPAV)
10:00 Pets on Wheels (AL/On Units)
10:30 Catholic Services (JT/MH)
2:00 MDVA Bingo! (\$) (AL/Murphy Hall)
3:00 Wildlife Documentary (Ch. 17/25)
3:15 Fresh Fruit Snack Cart (AL/Units)
8:15 Thursday Night Football (Ch.17 or 25/MH)

8:45 Check-In Visits (AL/RM) 17
9:00 Seated Exercises (Ch.17/25)
9:30 Golf Cart Rides (AL/SPAV)
10:00 Arts & Crafts (AL/3D)
10:30 Catholic Services (JT/MH)
2:00 MDVA Bingo! (\$) (AL/Murphy Hall)
3:00 Wildlife Documentary (Ch. 17/25)
3:15 Light snacks (AL/U)
8:15 Thursday Night Football (Ch.17 or 25/MH)

8:45 Check-In Visits (AL/RM) 24
9:00 Seated Exercises (Ch.17/25)
9:30 Golf Cart Rides (AL/SPAV)
10:00 Arts & Crafts (AL/3D)
10:30 Catholic Services (JT/MH)
2:00 MDVA Bingo! (\$) (AL/Murphy Hall)
3:00 Wildlife Documentary (Ch. 17/25)
3:15 Fresh Fruit Snack Cart (AL/Units)
8:15 Thursday Night Football (Ch.17 or 25/MH)

Halloween
8:45 Check-In Visits (AL/RM) 31
9:00 Seated Exercises (Ch.17/25)
9:30 Golf Cart Rides (AL/SPAV)
10:00 Arts & Crafts (AL/3D)
10:30 Catholic Services (JT/MH)
2:00 Halloween Social (AL/MH)
3:00 Wildlife Documentary (Ch. 17/25)
6:30 Marine Corps League Halloween Bingo (JT/MDR)
8:15 Thursday Night Football (Ch.17 or 25/MH)

8:45 Check-In Visits (AL/RM) 4
9:00 Seated Exercises (Ch.17/25)
9:30 Morning Coffee (AL/Units)
9:45 \$\$Dollar Tree (AL/OUT)
10:30 Outdoor Strolls (AL/SPAV)
1:00 Snack Cart (AL/Unit)
1:30 Movie Matinee (AL/1D)
2:00 \$\$Burger King Run (AL/OUT)
3:00 Good News Bible (AL/MH)
5:00 Waldorf Moose Pork Chop Dinner (AL/DRW)

8:45 Check-In Visits (AL/RM) 11
9:00 Seated Exercises (Ch.17/25)
9:30 Morning Coffee (AL/Units)
10:30 Outdoor Strolls (AL/SPAV)
10:45 Fall Picnic @ Chaptico Park (AL/OUT)
1:00 Snack Cart (AL/Unit)
1:15 Scenic Drive: Dr. Mudd's House (AL/OUT)
2:00 Karaoke (AL/MH)
3:00 Good News Bible (AL/MH)

8:45 Check-In Visits (AL/RM) 18
9:00 Seated Exercises (Ch.17/25)
9:30 Morning Coffee (AL/Units)
10:30 \$\$ Chick-Fil-A (AL/OUT)
10:30 Outdoor Strolls (AL/SPAV)
1:00 Snack Cart (AL/Unit)
1:30 Movie Matinee (AL/1D)
2:30 Bank Run (AL/OUT)
3:00 Good News Bible (AL/MH)
5:00 American Legion Post 82 Dinner (AL/DRW)

8:45 Check-In Visits (AL/RM) 25
9:00 Seated Exercises (Ch.17/25)
9:15 Library Run (AL/OUT)
9:30 Morning Coffee (AL/Units)
10:30 Outdoor Strolls (AL/SPAV)
1:30 Fall Foliage Drive (AL/OUT)
1:30 Movie Matinee w/ Refreshments (AL/MH)
3:00 Good News Bible (AL/MH)
5:00 California Elks Steak Dinner (AL/DRW)



8:15 Daily Check In Visit & Event Reminders (AL/Units) 5
9:15 V4V Sander's Place (AL/DRW)
1:30 American Legion Post 82 Ice Cream Truck (JT/D-Wing Parking Lot)
4:00 Saturday Afternoon Tunes (Ch. 17/25)

8:15 Daily Check In Visit & Event Reminders (AL/Units) 12
9:00 VFW Bingo! (\$) (AL/EWDR)
10:00 Arcade Games (AL/Arcade Rm)
2:00 On The Road Again Musical Performance (JT/Murphy Hall)
3:00 Snack Cart (AL/On units)
4:00 Saturday Afternoon Tunes (Ch. 17/25)
4:30 VFW Steak Dinner (AL/DRW)

8:15 Daily Check In Visit & Event Reminders (AL/Units) 19
9:00 VFW Bingo! (\$) (AL/MH)
10:15 Shuffle Bowl (AL/Arcade Rm)
2:00 Card Games (AL/Arcade)
3:00 Snack Cart (AL/On units)
4:00 Saturday Afternoon Tunes (Ch. 17/25)

8:15 Daily Check In Visit & Event Reminders (AL/Units) 26
9:00 VFW Bingo! (\$) (AL/MH)
10:00 Arcade Games (AL/Arcade Rm)
10:00 Vacation4Vets: Trick or Treat! (JT/SPAV)
2:00 Card Games (AL/Arcade)
2:00 Kevin Kremer Musical Performance (AL/Murphy Hall)
3:00 Snack Cart (AL/On units)
4:00 Saturday Afternoon Tunes (Ch. 17/25)

Abbreviation Key
MH: Murphy Hall
MPR: Main Multi-Purpose Room
EWDR: E-Wing Dining Room
AL/1D: First Floor
AL/3D: Third Floor
OS: Outside
SPAV: South Pavilion
DRW: Sponsored Outing
Out: Outing
CTYD: Courtyard

October 2024 Assisted Living Activities



Committed to Caring