

SUN

MON

TUE

WED

THUR

FRI

SAT



8:30 Friendly Visits (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
11:00 Exercise & Music Tunes (U/MC)
11:30 Cognitive Games (U/MC)
12:00 Short Story Group Reads (MC/SNF)
2:00 Inflatible Pizza Game (MC)
3:00 1:1 Visits (U/MC)
4:00 Snoezelen Cart (MC/SNF)
5:00 Tie Tac Toe Floor Game (MC/SNF)
6:00 Ice Cream Social (U / MC)

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8:30 Friendly Visits (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
10:30 Catholic Services (JT/MPR)
11:00 Exercise & Music Tunes (U/MC)
12:00 Meet/Greet (MC/SNF)
2:00 Site Seeing Drive (MC/O)
3:00 Men's Halloween Club (SNF/MAR)
4:00 Sensory Painting (U/MC)
5:00 Card Play/Match (MC/SNF)
6:00 Spooky Wacky Word Games (MC)

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8:30 Friendly Visits (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
10:30 Protestant Service (2C/SNF)
11:00 Exercise & Music Tunes (U/MC)
12:00 Trivia Aide Read-Along (MC/SNF)
2:00 Crazy Creepy Crawly-pop (MC)
2:00 Site Seeing Drive (MC/O)
2:30 DAV Bingo (JT/MPR)
4:00 Beach Ball Fun (U / MC)
5:00 Trivia Before Dinner Read-Along (MC/SNF)
6:00 Hot Tea Time (MC/SNF)

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8:30 Friendly Visits (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
11:00 Exercise & Music Tunes (U/MC)
11:30 Trivia (U/MC)
12:00 Girl Scout Cookie Treats (MC/SNF)
2:30 MDVA Bingo (JT/MPR)
3:00 1:1 Visits (U/MC)
4:00 Inflatible Fish Ball Play (MC/SNF)
5:00 Table Air Hockey (MC)
6:00 Sensory Stimulation Art (MC/SNF)

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8:30 Friendly Visits (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
11:00 Exercise & Music Tunes (U/MC)
11:30 Volleyball (U / MC)
1:00 Who Am I Read-Along (MC/SNF)
2:00 Bisque Pendant Kit (MC)
3:00 1:1 Visits (U/MC)
4:00 Movie/Popcorn (MC)
5:00 Waldorf Moose Lodge (SNF/O)
6:00 Candy Cart Sweet and Non Sweet Treats (MC)

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9:00 Friendly Visit (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
10:30 Bingo (MPR/SNF/MC)
11:00 Exercise & Music Tunes (U/MC)
2:00 Cream of Wheat Celebration Have a Cup (MC)
3:00 1:1 Visits (U/MC)
4:00 Courtyard Stroll (U / MC)
5:00 Name That Tune (MC/SNF)
6:00 Bake Cookies with Oven (MC/SNF)

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9:00 Friendly Visit (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
11:00 Exercise & Music Tunes (U/MC)
11:30 Trivia (U/MC)
2:00 Grace Lutheran Church Ser. (JT/MPR)
3:00 1:1 Visits (U/MC)
4:00 Pattern Blocks & Boards (U / MC)
6:00 Fruit Smoothies (U/MC)

Columbus Day
8:30 Friendly Visits (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 National Zoo (SNF/O/S)
10:00 Sensory Coloring (U/MC)
11:00 Exercise & Music Tunes (U/MC)
11:30 Cognitive Games (U/MC)
12:00 Short Story Group Reads (MC/SNF)
2:00 Site Seeing Drive (SNF/O)
3:00 1:1 Visits (U/MC)
4:00 Snoezelen Cart (MC/SNF)
5:00 Columbus Day Celebration Snack and Craft (MC/SNF)
6:00 Ice Cream Social (U / MC)

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8:30 Friendly Visits (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
10:30 Catholic Services (JT/MPR)
11:00 Exercise & Music Tunes (U/MC)
12:00 Meet/Greet (MC/SNF)
2:00 Pumpkin Lantern Crafts (MC)
2:00 Ultra-Mix Entertainment (SNF/MPR)
3:00 1:1 Visits (U/MC)
4:00 Sensory Painting (U/MC)
5:00 Card Play/Match (MC/SNF)
6:00 Spooky Wacky Word Games (MC)

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8:30 Friendly Visits (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
10:30 Protestant Service (2C/SNF)
11:00 Exercise & Music Tunes (U/MC)
12:00 Trivia Aide Read-Along (MC/SNF)
1:00 Halloween Trifold Center Piece Craft (MC)
2:00 Site Seeing Drive (MC/O)
3:00 1:1 Visits (U/MC)
4:00 Beach Ball Fun (U / MC)
5:00 Trivia Before Dinner Read-Along (MC/SNF)
6:00 Hot Tea Time (MC/SNF)
6:30 Post 250 Bingo (Joint/MPR)

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8:30 Friendly Visits (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
11:00 Exercise & Music Tunes (U/MC)
11:30 Trivia (U/MC)
12:00 Girl Scout Cookie Treats (MC/SNF)
2:30 MDVA Bingo (JT/MPR)
3:00 1:1 Visits (U/MC)
4:00 Inflatible Fish Ball Play (MC/SNF)
5:00 Table Air Hockey (MC)
6:00 Sensory Stimulation Art (MC/SNF)

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8:30 Friendly Visits (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
11:00 Exercise & Music Tunes (U/MC)
11:30 John Lewis Entertainment (SNF (MPR))
11:00 Exercise & Music Tunes (U/MC)
12:30 Volleyball (U / MC)
1:00 Who Am I Read-Along (MC/SNF)
2:30 Navy Birthday Celebration (JT/MPR)
3:00 1:1 Visits (U/MC)
4:00 Movie/Popcorn (MC)
6:00 Candy Cart Sweet and Non Sweet Treats (MC)

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9:00 Friendly Visit (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
10:30 Bingo (MPR/SNF/MC)
11:00 Exercise & Music Tunes (U/MC)
2:00 Navy Birthday Celebration (MC)
2:00 Site Seeing Drive (MC/O)
3:00 1:1 Visits (U/MC)
4:00 Courtyard Stroll (U / MC)
5:00 Name That Tune (MC/SNF)
6:00 Bake Cookies with Oven (MC/SNF)

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9:00 Friendly Visit (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
11:00 Exercise & Music Tunes (U/MC)
11:30 Trivia (U/MC)
2:00 Olive Garden (SNF/O/S)
2:00 Grace Lutheran Church Ser. (JT/MPR)
3:00 1:1 Visits (U/MC)
4:00 Pattern Blocks & Boards (U / MC)
5:00 Games Variety (U / MC)
6:00 Fruit Smoothies (U/MC)

8:30 Friendly Visits (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
11:00 Exercise & Music Tunes (U/MC)
11:30 Cognitive Games (U/MC)
12:00 Short Story Group Reads (MC/SNF)
2:00 Pizza Hat Day Celebration Party (SNF (MAR))
2:00 Site Seeing Drive (MC/O)
3:00 1:1 Visits (U/MC)
4:00 Snoezelen Cart (MC/SNF)
5:00 Tie Tac Toe Floor Game (MC/SNF)
6:00 Ice Cream Social (U / MC)
6:30 Sons of American Bingo (JT/MPR)

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Boss's Day
8:30 Friendly Visits (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
10:30 Catholic Services (JT/MPR)
11:00 Exercise & Music Tunes (U/MC)
12:00 Meet/Greet (MC/SNF)
2:00 Pumpkin Lantern Crafts (MC)
2:00 Circle of Friends Entertainment (MPR)
3:00 1:1 Visits (U/MC)
4:00 Sensory Painting (U/MC)
5:00 Color Me Animal Assortment Creations (MC)
6:00 Spooky Wacky Word Games (MC)
6:30 SMECO Bingo (JT/MPR)

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8:30 Friendly Visits (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
10:30 Protestant Service (2C/SNF)
11:00 Exercise & Music Tunes (U/MC)
12:00 Trivia Aide Read-Along (MC/SNF)
2:00 Happy Halloween Read Along with Aide (MC)
2:00 Site Seeing Drive (MC/O)
3:00 1:1 Visits (U/MC)
4:00 Beach Ball Fun (U / MC)
5:00 Trivia Before Dinner Read-Along (MC/SNF)
6:00 Hot Tea Time (MC/SNF)
6:30 Cub Scouts Bingo (JT/MPR)

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8:30 Friendly Visits (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
11:00 Exercise & Music Tunes (U/MC)
11:30 Trivia (U/MC)
12:00 Girl Scout Cookie Treats (MC/SNF)
2:30 MDVA Bingo (JT/MPR)
3:00 1:1 Visits (U/MC)
4:00 Inflatible Fish Ball Play (MC/SNF)
5:00 Table Air Hockey (MC)
6:00 Sensory Stimulation Art (MC/SNF)

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8:30 Friendly Visits (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
11:00 Exercise & Music Tunes (U/MC)
11:30 Trivia (U / MC)
1:00 Who Am I Read-Along (MC/SNF)
2:00 Linda Entertainment (MC/2C)
3:00 1:1 Visits (U/MC)
4:00 Movie/Popcorn (MC)
5:00 Mechanicsville Moose Lodge (SNF/O)
6:00 Candy Cart Sweet and Non Sweet Treats (MC)

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9:00 Friendly Visit (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
10:30 Bingo (MPR/SNF/MC)
11:00 Exercise & Music Tunes (U/MC)
2:00 Fishing Fun Activity (MC)
3:00 Imagine Entertainment (SNF (MPR))
4:00 Courtyard Stroll (U / MC)
5:00 Name That Tune (MC/SNF)
6:00 Bake Cookies with Oven (MC/SNF)

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9:00 Friendly Visit (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
11:00 Exercise & Music Tunes (U/MC)
11:30 Trivia (U/MC)
2:00 Grace Lutheran Church Ser. (JT/MPR)
3:00 1:1 Visits (U/MC)
4:00 Pattern Blocks & Boards (U / MC)
5:00 Games Variety (U / MC)
6:00 Fruit Smoothies (U/MC)

8:30 Friendly Visits (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
11:00 Exercise & Music Tunes (U/MC)
11:30 Cognitive Games (U/MC)
12:00 Short Story Group Reads (MC/SNF)
2:00 Suzette Entertainment (SNF (MAR))
2:30 Post 136 Bingo (Dining Room)
4:00 Snoezelen Cart (MC/SNF)
5:00 Tie Tac Toe Floor Game (MC/SNF)
6:00 Ice Cream Social (U / MC)

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8:30 Friendly Visits (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
10:30 Catholic Services (JT/MPR)
11:00 Exercise & Music Tunes (U/MC)
12:00 Meet/Greet (MC/SNF)
2:00 Ron Tie Dye Guy Crafts (SNF (MAR))
2:00 Site Seeing Drive (MC/O)
3:00 1:1 Visits (U/MC)
4:00 Sensory Painting (U/MC)
5:00 Color Me Animal Assortment Creations (MC)
6:00 Spooky Wacky Word Games (MC)

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8:30 Friendly Visits (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
10:30 Protestant Service (2C/SNF)
11:00 Exercise & Music Tunes (U/MC)
12:00 Trivia Aide Read-Along (MC/SNF)
2:00 Sing with Christine Entertainment (SNF (MPR))
2:00 Site Seeing Drive (MC/O)
3:00 1:1 Visits (U/MC)
4:00 Beach Ball Fun (U / MC)
5:00 Trivia Before Dinner Read-Along (MC/SNF)
6:00 Hot Tea Time (MC/SNF)

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8:30 Friendly Visits (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
11:00 Exercise & Music Tunes (U/MC)
11:30 Trivia (U/MC)
12:00 Girl Scout Cookie Treats (MC/SNF)
2:30 MDVA Bingo (JT/MPR)
3:00 1:1 Visits (U/MC)
4:00 Inflatible Fish Ball Play (MC/SNF)
5:00 Table Air Hockey (MC)
6:00 Sensory Stimulation Art (MC/SNF)

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8:30 Friendly Visits (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
11:00 Exercise & Music Tunes (U/MC)
11:30 Volleyball (U / MC)
1:00 Who Am I Read-Along (MC/SNF)
2:00 Halloween Inflatible Slot Ball Games (MC)
3:00 1:1 Visits (U/MC)
4:00 Movie/Popcorn (MC)
5:00 Elks Steak night (SNF/O)
6:00 Candy Cart Sweet and Non Sweet Treats (MC)

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9:00 Friendly Visit (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
10:30 Bingo (MPR/SNF/MC)
11:00 Exercise & Music Tunes (U/MC)
1:30 Oyster Scald/Fried Oysters (Joint/EMPR)
2:00 MLC Cookout (Main Dining Room)
2:00 Site Seeing Drive (MC/O)
3:00 1:1 Visits (U/MC)
4:00 Courtyard Stroll (U / MC)
5:00 Name That Tune (MC/SNF)
6:00 Bake Cookies with Oven (MC/SNF)

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9:00 Friendly Visit (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 D.C. Ride Site Seeing (SNF/O)
10:00 Sensory Coloring (U/MC)
11:00 Exercise & Music Tunes (U/MC)
11:30 Trivia (U/MC)
2:00 Halloween Pets on Wheels (SNF (U))
2:00 Grace Lutheran Church Ser. (JT/MPR)
3:00 1:1 Visits (U/MC)
4:00 Pattern Blocks & Boards (U / MC)
5:00 Games Variety (U / MC)
6:00 Fruit Smoothies (U/MC)

World Stroke Day
8:30 Friendly Visits (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
11:00 Exercise & Music Tunes (U/MC)
11:30 Cognitive Games (U/MC)
12:00 Short Story Group Reads (MC/SNF)
2:00 3D Velvet Art Posters (MC)
2:00 Oatmeal Day Celebration Party (SNF (MAR))
3:00 1:1 Visits (U/MC)
4:00 Snoezelen Cart (MC/SNF)
5:00 Tie Tac Toe Floor Game (MC/SNF)
6:00 Ice Cream Social (U / MC)

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8:30 Friendly Visits (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
10:30 Catholic Services (JT/MPR)
11:00 Exercise & Music Tunes (U/MC)
12:00 Meet/Greet (MC/SNF)
2:00 Site Seeing Drive (MC/O)
3:00 1:1 Visits (U/MC)
4:00 Sensory Painting (U/MC)
5:00 Color Me Animal Assortment Creations (MC)
6:00 Spooky Wacky Word Games (MC)

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Halloween
8:30 Friendly Visits (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
10:30 Catholic Services (JT/MPR)
11:00 Exercise & Music Tunes (U/MC)
12:00 Meet/Greet (MC/SNF)
2:00 Site Seeing Drive (MC/O)
3:00 1:1 Visits (U/MC)
4:00 Concentration Puzzles (MC)
5:00 Card Play/Match (MC/SNF)
6:00 Spooky Wacky Word Games (MC)

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AMF Waldorf Bowling Halloween Style (SNF/O/S)
8:30 Friendly Visits (U/SNF)
9:30 Daily Chronicle Reading (U/MC)
10:00 Sensory Coloring (U/MC)
10:30 Protestant Service (2C/SNF)
11:00 Exercise & Music Tunes (U/MC)
12:00 Trivia Aide Read-Along (MC/SNF)
2:00 Site Seeing Drive (MC/O)
3:00 1:1 Visits (U/MC)
4:00 Beach Ball Fun (U / MC)
5:00 Trivia Before Dinner Read-Along (MC/SNF)
6:00 Hot Tea Time (MC/SNF)

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Activities are subject to change.

October 2018
Memory Care Activities - 1C & 2C



Activities are Subject To Change