

SUN MON TUE WED THUR FRI SAT

Activities Are Subject To Change

Location of Programs
 AL/EMPR (E-Multi Purpose Room)
 MPR (Multi Purpose Room)
 AL/1D (First Floor)
 AL/1A (First Floor)
 AL/2D (Second Floor)
 AL/3D (Third Floor)
 SPAV (Outside Pavilion)
 AL/AR1 (Activity Room)
 AL/AR2 (Arts & Crafts Room)

Outings
 (CA) - California Md (I A) - Ia Plains Md (CAL) - Calvert County Md (Dr) - Seaside Drive (OS) - Outside On Facility Grounds (Out) - Outing Away From Facility (SPA) - Smith Pavilion
 Resident going on outings on facility site to meet in the Activity Room Lobby 15 minutes before departure.

5
 Cinco de Mayo
 9:00 Coffee
 Social (AL/2D)
 9:30 V4V (AL/Out)
 10:30 Golf Cart Ride (AL/OS)

6
 9:15 Exercise (AL/2D)
 10:00 Fresh Coffee (AL/2D)
 10:30 Golf Cart Rides (AL/OS)
 10:30 1 to 1 Visits (AL/U)
 1:30 Walking Club (AL/OUT.)
 2:00 Baked Goods (AL/2D)
 3:00 Bible Study (AL/EMPR)
 5:30 Hollywood Moose (AL/OUT)
 6:00 Comcast Vets Net Work (AL/EMPR)

7
 9:00 \$\$ Dollar Tree (AL/Out)
 9:15 Exercise (AL/2D)
 10:00 Refreshment Cart (AL/2D)
 10:30 Catholic Services (JT/MPR)
 10:30 1 to 1 (AL/U)
 11:30 Texas Roadhouse Catered Lunch (AL/EMDR)
 1:30 Choptico (AL/DR)
 2:00 Golf Cart Rides (AL/OS)
 3:00 Arts & Crafts (AL/1E)

1
 9:15 Exercise (AL/2D)
 10:00 Fresh Coffee & Donuts (AL/2D)
 10:30 1 to 1 Visits (AL/U)
 11:30 Trivia (AL/EMDR)
 1:30 Golf Cart Rides (AL/OS)
 2:30 DAV Bingo (JT/MPR)
 3:00 Tai Chi (AL/1A)
 5:30 \$\$ Asahi Japanese Steakhouse (AL/Out)

2
 8:30 \$\$ Wal-Mart (AL/LA)
 9:15 Exercise (AL/2D)
 10:00 Coffee Cart (AL/2D)
 10:30 Catholic Services (JT/3D)
 1:30 Colton's Point, MD (AL/Dr.)
 1:30 Pop Ice (AL/3D)
 2:30 MDVA Bingo (JT/MPR)
 3:00 Golf Cart Rides (AL/OS)

3
 9:00 \$\$ Family Dollar/McKay (AL/OUT)
 9:15 Exercise (AL/2D)
 10:00 Coffee Cart (AL/2D)
 10:30 1 to 1 Visits (AL/U)
 1:30 Namjemoy (AL/DR)
 1:30 Current Events (AL/3D)
 2:00 Walking Club (AL/Outside)
 2:30 Golf Cart Rides (AL/OS)
 6:30 Emery's Young Uncle Rob Band (AL/EMPR)

4
 9:00 JFF Bingo (AL/EMPR)
 9:00 Golf Cart Rides (AL/OS)
 1:30 Cookie & Coffee Social (AL/3D)

12
 Mother's Day
 8:00 Special Mother's Day Delivery (AL/Units)
 9:00 Chesapeake Breakfast (AL/OUT)
 10:30 Coffee Social (AL/1D)
 1:30 \$\$ Blue Crabs Baseball Game (JT/Out)

13
 8:30 \$\$ Wal-Mart (AL/LA)
 9:15 Exercise (AL/2D)
 10:00 Fresh Coffee (AL/2D)
 10:30 Golf Cart Rides (AL/OS)
 10:30 1 to 1 Visits (AL/U)
 10:30 Mason's Annual Ceremony (JT/MPR)
 1:30 Solomon's Island, MD (AL/Dr.)
 1:30 Walking Club (AL/OUT.)
 2:00 Trail Mix (AL/3D)
 3:00 Bible Study (AL/EMPR)

14
 9:15 Exercise (AL/2D)
 10:00 Refreshment Cart (AL/2D)
 10:30 Catholic Services (JT/MPR)
 10:30 1 to 1 (AL/U)
 1:30 Walking Club (AL/OUT.)
 2:00 Chick-fil-a Bingo (JT/MPR)
 2:00 Baked Goodies Social (AL/2D)
 3:00 Arts & Crafts (AL/1E)

15
 9:15 Exercise (AL/2D)
 10:00 Fresh Coffee (AL/2D)
 10:30 1 to 1 Visits (AL/U)
 11:30 Trivia (AL/EMDR)
 2:00 Residents' Birthday Party (AL/EMPR)
 3:00 Tai Chi (AL/1A)
 6:00 Port Tobacco Theater (AL/Out)
 6:30 Cub Scouts Bingo (JT/MPR)

16
 9:00 Pontoon Boat Ride (AL/Out)
 9:15 Exercise (AL/2D)
 10:00 Coffee Cart (AL/2D)
 10:30 Catholic Services (JT/EMPR)
 1:30 Bel Alton, MD (AL/Dr)
 1:30 Ice Cream Sandwiches (AL/1D)
 2:30 MDVA Bingo (JT/MPR)
 3:00 Golf Cart Rides (AL/OS)

17
 9:15 Exercise (AL/2D)
 9:15 St. Clements Island (AL/Out)
 10:30 1 to 1 Visits (AL/U)
 1:30 Current Events (AL/3D)
 2:30 Golf Cart Rides (AL/OS)
 5:30 Waldorf Moose Steak Dinner (AL/Out)

18
 9:00 JFF Double Bingo (AL/EMPR)
 10:30 Fresh Fruit Social (AL/1D)
 1:30 Golf Cart Rides (AL/OS)

19
 9:30 Muffins & Coffee Social (AL/3D)
 2:00 Grace Lutheran Church Ser. (JT/MPR)
 2:00 ECC Residents' Ice Cream Social (AL/EMPR)

20
 9:15 Exercise (AL/2D)
 10:00 Fresh Coffee (AL/2D)
 10:30 Golf Cart Rides (AL/OS)
 10:30 1 to 1 Visits (AL/U)
 1:30 Walking Club (AL/OUT.)
 2:30 Show Stoppers (JT/MPR)
 3:00 Bible Study (AL/EMPR)
 6:30 Sons of American Bingo (JT/MPR)

21
 9:00 \$\$ Dollar Tree/KFC (AL/Out)
 9:15 Exercise (AL/2D)
 10:00 Refreshment Cart (AL/2D)
 10:30 Catholic Services (JT/MPR)
 10:30 1 to 1 (AL/U)
 1:30 Walking Club (AL/OUT.)
 1:30 Cobb Island (AL/Dr)
 2:00 Fresh Fruit (AL/3D)
 3:00 Arts & Crafts (AL/1E)
 6:30 SMECO Bingo (JT/MDR)

22
 9:15 Exercise (AL/2D)
 10:00 Fresh Coffee (AL/2D)
 10:00 Poker Tournament (AL/2D/3D)
 10:30 1 to 1 Visits (AL/U)
 11:30 Trivia (AL/EMDR)
 1:30 Outdoor Games (AL/SPAV)
 2:30 Golf Cart Rides (AL/OS)
 3:00 Tai Chi (AL/1A)

23
 8:30 \$\$ Wal-Mart (AL/LA)
 9:15 Exercise (AL/2D)
 10:00 Coffee Cart (AL/2D)
 10:30 Catholic Services (JT/EMPR)
 11:15 Chesapeake Luncheon (AL/Out)
 2:30 MDVA Bingo (JT/MPR)
 2:30 Golf Cart Rides (AL/OS)

24
 9:00 \$\$ Bank & McKay's (AL/Out)
 9:15 Exercise (AL/2D)
 10:00 Coffee Cart (AL/2D)
 10:30 1 to 1 Visits (AL/U)
 1:30 Calvert Cliffs State Park (AL/Dr)
 1:30 Current Events (AL/3D)
 2:00 Walking Club (AL/Outside)
 2:30 Golf Cart Rides (AL/OS)
 5:30 Steak Night (Joint/Out)

25
 2:30 Crusin' SO Md Car Show (E-Wing Parking Lot)

26
 8:30 \$\$ IHOP Breakfast (AL/OUT)
 1:30 North Beach, MD (AL/Dr)
 2:00 Grace Lutheran Church Ser. (JT/MPR)

27
 Memorial Day
 8:30 \$\$ Dollar Tree (AL/Out)
 9:15 Exercise (AL/2D)
 10:00 Fresh Coffee (AL/2D)
 11:00 Pizza Picnic (AL/OUT)
 1:30 Golf Cart Rides (AL/OS)
 2:00 Trail Mix (AL/2D)
 2:30 American Legion Post 136 Bingo (JT/MPR)
 3:00 Bible Study (AL/EMPR)

28
 9:15 Exercise (AL/2D)
 10:00 Refreshment Cart (AL/2D)
 10:30 Catholic Services (JT/MPR)
 10:30 1 to 1 (AL/U)
 1:30 Walking Club (AL/OUT.)
 2:00 Baked Goodies Social (AL/2D)
 3:00 Arts & Crafts (AL/1E)

29
 9:15 Exercise (AL/2D)
 10:00 Fresh Coffee (AL/2D)
 10:30 1 to 1 Visits (AL/U)
 11:30 Trivia (AL/EMDR)
 1:30 Outdoor Games (AL/SPAV)
 2:30 Golf Cart Rides (AL/OS)
 3:00 Tai Chi (AL/1A)

30
 9:15 Exercise (AL/2D)
 10:00 Coffee Cart (AL/2D)
 10:30 Catholic Services (JT/EMPR)
 11:00 Memorial Day Ceremony (JT/MPR)
 3:00 Golf Cart Rides (AL/OS)
 5:30 Waldorf Moose Pizza Dinner (AL/Out)

31
 9:00 \$\$ McKay's (AL/Out)
 9:15 Exercise (AL/2D)
 10:00 Coffee Cart (AL/2D)
 10:30 1 to 1 Visits (AL/U)
 1:30 Ridge, MD (AL/Dr)
 1:30 Current Events (AL/3D)
 2:00 Walking Club (AL/Outside)
 2:30 Golf Cart Rides (AL/OS)
 5:30 American Legion Spaghetti Dinner (AL/Out)

Massage Therapy
 See the Activities Department for Appointment.

May 2019

Assisted Living Activities



"SERVING THOSE WHO SERVED"

